



CAPITOL
HILL
DAY
SCHOOL

Gray Matters (April 2017)

Hurting from Spring Break to Summer Break!

As an educator in my twenty-second year of working in schools, I have a strong appreciation for the patterns and rhythms of the academic calendar. We work hard and play hard in school, and breaks provide positive and needed opportunities to disrupt the regular academic flow. However you chose to spend the past week, I trust you all had a wonderful break.

From staycations to out of town adventures, there are any number of ways to use a break for recreation. Our After School Program, for example, had a fabulous week of fun, active experiences in and around the City. Breaks can also provide opportunities for reflection, moments of quiet, time to read, and a chance to catch up on rest. In our transition back on Monday, faculty used our professional day to reflect on our teaching practice and to collaborate with teaching partners in preparation for the remainder of the year. Truth be told, we also found time for recreation, playing a little volleyball in the Garfield Park after lunch.

This morning it was wonderful to be warmly greeted by everyone returning from our week away. From the energy and enthusiasm that I witnessed, it seems clear that we are geared up for our last couple of months of school.

Though the end of the school year may feel close, there is still much in front of us. Here are several upcoming spring community events of note:

- Community Conversations, April 14, 8:30am: Talking to your children about drugs and alcohol.
- Poetry Night, April 18: A traditional evening for families in our community to come together to share a love of poetry.
- Auction, April 21: A rousing evening for our adult community to demonstrate tremendous support for the school that we all cherish.
- Grandparents and Grandfriends Day and Performing Arts Festival, May 12: A morning dedicated to sharing our school experience with some of our most important community members and an evening to celebrate our commitment to the musical and dramatic arts.
- Field Day, June 12 (elementary and upper grades) and June 13 (early childhood): A day for faculty, staff, and children to join together for outdoor fun and play.

Jasmin Gray